



Academy of Kempo *Martial Arts* Tournament Procedures

Proper Ring Behavior

- Treat the Ring as a Dojo...
- Bow when you enter and when you leave the ring
- Must be very Respectful to Judges and fellow competitors...
- Absolutely No Talking during the competition
- Remember Self-Control

Proper Behavior towards JUDGES...

- Treat ALL Judges with Respect
- Bow to ALL Judges individually
- Look at the Judges when speaking to them...
- Listen to Judges; they are also there to help...

Competitors' Presentation...

-Presentation to the Judges...

“Hi, Judges”

“My name is _____, _____”

“ I am from the Academy of Kempo in Trumbull“

“Sensei Rich, is my Instructor and with your permission I would like to perform ??? ???”